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HALIFAX • TUESDAY MAY 26 2009

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**Tavares heads to combine with No. 1 draft spot on the line**



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## Accused fails to show for court date

**CRASH** An American truck driver who drove his rig into a Nova Scotia toll booth last month didn't show up for his day in court yesterday and has been hit with a \$395 fine for the crash.

Walter Pennington, 53, of Loganville, Ga., was charged with failing to drive a motor vehicle in a careful and prudent manner after his five-tonne truck crashed into a toll booth at The Cobequid Pass outside of Truro April 20.

Pennington was due to appear in Truro provincial court yesterday to face the charges. He didn't show up resulting in an automatic guilty plea and subsequent fine.

The crash sent Pennington and two others to hospital. One of them, toll booth operator Stu Mills, was airlifted to the QEII Health Sciences Centre in Halifax. Mills suffered three broken ribs, internal bruising, and cuts on his head and hand.

METRO HALIFAX

## Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Halifax and Canada. This is also a Call to Action for you to send us your suggestions at [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca), [metronews.ca](http://metronews.ca) or on Twitter @metrohalifax.

On [metronews.ca](http://metronews.ca)

- Share your SunnySide thoughts on Twitter using #sunnyside
- See what other Metro readers are doing and saying about SunnySide
- Enter for a chance to win a Sony Blu-ray player Tomorrow
- Travel — Best bets for great Canadian vacations this summer. Our picks will span the country, and they'll comprise cool experiences that travellers can't find anywhere else in the world.

## U.S. Memorial Day Prayer for the fallen



Chaplain Andrew Cooke delivers a prayer during a Memorial Day ceremony at Deadman's Island in Halifax yesterday. Nearly 200 American prisoners of war were buried there during the War of 1812. Story, pg 3

## N. Korea blasted for nuke test

**VIOLATION** The UN Security Council unanimously condemned North Korea's latest nuclear test yesterday, saying it was a "clear violation" of a previous resolution passed in 2006 after Pyongyang's first atomic test. After an emergency meeting lasting under one hour, the council issued a non-binding statement expressing strong opposition and said it would "start work immediately on a Security Council resolution on this matter."

U.S. Ambassador to the United Nations Susan Rice called the nuclear test "a grave violation of international law" and said Washington would seek a "strong resolution with strong measures." She declined to predict whether the 15-member council would impose further sanctions on Pyongyang, but said work was to begin on the resolution today.

Britain, France, and Japan are expected to push for new sanctions. But Russia

and China are seen as more reluctant although they did agree to punitive actions after the 2006 test in resolution 1718.

The size of North Korea's second nuclear test was not yet confirmed.

Russia said the blast was about equal in power to the U.S. atomic bomb dropped on the Japanese city of Nagasaki in World War Two, or about 20 times larger than the North's one kiloton test in 2006.

REUTERS  
MORE COVERAGE, PG 6

# Answers sought for crime hike

Some call for big changes

KRISTEN LIPSCOMBE  
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**Coun. Barry Dalrymple called the province's bail system "a revolving door" yesterday, reflecting on recent crime across HRM, including shots fired over the weekend in the suburban community of Fall River.**

"We can start to rein in our pathetic bail laws," Dalrymple, who represents Fall River on council, said when asked how crimes in HRM could be curbed. Dalrymple then said he believes "we have a situation here with a person who shouldn't be out on bail and now ... it is drawing communities into the crossfire of warring gangs."

Dalrymple wouldn't specify whom he was talking about.

The shooting Saturday in his district was directed at the home of convicted drug dealer Jimmy Melvin Sr. CTV reported Jimmy Melvin Jr. was inside the residence at the time.

Both father and son have been shooting targets in recent months and are publicly suspected of feuding with the Marriott's over drugs.

But Dalrymple said the problem isn't isolated, explaining he saw the system fail numerous times over his 33-year career as an RCMP officer.

"I know the trauma that this causes a neighbourhood," he said.

Justice Minister Cecil Clarke said the province has done plenty to improve crime rates, such as funding the first ever public

## A busy month

High-profile crime in HRM

- May 23 — Shots fired at Fall River home.
- May 22 — A male victim is shot in north end Halifax.
- May 20 — A 19-year-old man dies a week after being shot in North Preston.
- May 13 — Two teenage girls are taken hostage in Cole Harbour.
- May 12 — A 33-year-old man is found murdered in a Dartmouth "crack house."
- May 11 — A 36-year-old woman is found murdered outside of a Halifax school and a man is shot in Sambro.
- May 10 — A 35-year-old man is shot in East Preston.
- May 6 — Two men are involved in a drive-by shooting in Dartmouth.
- May 2 — A single gun shot is fired into a Halifax apartment.
- May 1 — Two bullet holes are found in the back of a Spryfield building.

safety officer and adding 51 new police officers to the HRM's forces, a \$7.4-million investment. But he admitted high-profile cases, "such as what we've seen with the Melvins," remain a concern.

Nova Scotia Public Prosecution Service spokeswoman Chris Hansen added Crown attorneys and judges have to work within federal law under the Criminal Code of Canada.

"You can't change the processes for specific individuals," she said.

MORE COVERAGE, PG 4

ShareYourViews

[halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)



Earl Joseph Gouchie, the former owner of the Amherst Daily News whose 54-year newspaper career transcended the era of hot metal to the world-wide technology of the Internet, died Saturday of an apparent heart attack at his camp in Shulie, Cumberland County. He was 74. **AMHERST DAILY NEWS**

# Local



## Is it written in the stars?

Local author and Dalhousie University instructor Lesley Choyce, left, is tackling the subject of astrology in the next episode of *Supernatural Investigator*, which airs tonight on Vision TV. The episode titled *It's in the Stars* is produced by Halifax-based *Sorcery Films* and sees Choyce travel to London, New York and Florida to consult skeptics and believers of astrology. **METRO HALIFAX**

## Crown funds not used to pay debt

Tories deny they hid re-allocation amid accusations from opposition

PAUL MCLEOD  
paul.mcleod@metronews.ca

**Opposition parties accused the government of hiding a broken promise yesterday as Premier Rodney MacDonald confirmed money that was supposed to go on the debt never did.**

The province receives \$870 million of Crown share money from Ottawa spread out over 15 years. During the 2008 budget

the Tories vowed to put 70 per cent of that towards paying down the debt.

But the premier acknowledged yesterday that didn't happen last year. The \$95 million share from 2008-09 went into general revenue, and the \$79 million for this year was budgeted to do the same.

"In the last six months things have drastically changed for Nova Scotians," MacDonald said. "We ended up using those dollars to go towards en-



MacDonald

sureing we could provide programs and services." NDP Leader Darrell Dexter didn't have a problem with spending the money, but said the Tories should have been truthful about it.

"In one of the deepest recessions our country has seen in decades, if not a

century, all people really wanted was for him to be honest with them," Dexter said. "He just simply failed to do that."

Liberal Leader Stephen McNeil agreed the premier broke his promise and should have been up front about it.

Last July the province signed a deal with the federal government ending a long dispute over who gets offshore revenue.

The first lump sum of \$234 million went mostly

on the debt as planned. But the approximately \$175 million received since then went towards programs instead.

MacDonald said the choice was necessary to avoid cuts or raising taxes. The Tories also said that the decision was not hidden.

The money spending was mentioned when the budget was introduced at the beginning of the month, but was mostly overlooked when the government fell later that day.

## Liberals want new pension plan set up

PAUL MCLEOD  
paul.mcleod@metronews.ca

**ELECTION** The Liberals want more people to have pension plans and they think they've found an inexpensive way to make that happen.

Liberal Leader Stephen McNeil promised yesterday to create a public pension fund if elected. Independent business would have the choice to allow employees to opt into a defined contribution plan.

"It wouldn't cost the province anything. It would be paid for by the contributors," McNeil said.

The province would set up the framework for the plan but would not guarantee it. So in the event of a shortfall taxpayers would not be on the hook, such as is the case with teachers and other government employees.

McNeil said having businesses across the province join into one plan would lower costs and allow investments to be spread out to reduce risk.

"It allows small business who do not have the wherewithal to put together the structure that is required around a pension plan for their employees — it gives them a framework that they can be part of," McNeil said.

## Student associations grade political parties

GEOFF DAVIES  
for Metro Halifax

Students are used to bracing for report cards this time of year, but it was Nova Scotia's political parties learning their grades yesterday.

The Alliance of Nova Scotia Student Associations released their analysis of each party's post-secondary education platform at a news conference at Dalhousie University. The ANSSA, which represents over 35,000 students at five Nova Scotia universities, gave the four parties marks between A and F, according to how well their platforms line up with the Alliance's policy recommendations.

The best grade (B-) went to the Liberals for having "the most comprehensive and detailed vision" of all the parties, according to an ANSSA press release.

"(The Liberals) were the only party to accept our recommendations to conduct a comprehensive review of post-secondary education, and we applaud them,"



Mark Coffin, the executive director of the Alliance of Nova Scotia Student Associations, speaks yesterday at a press conference at Dalhousie University. ANSSA released its all-party report card on higher education yesterday.

Mark Coffin, ANSSA's executive director, told the media.

The NDP came in second with a C. According to the Alliance, their promises include keeping the current government's commit-

ments to reduce tuition and spend on infrastructure, as well as giving up to \$15,000 in tax credits to university students who stay in Nova Scotia.

"We don't think this is necessarily a responsible

use of funds," Coffin said. "The (students) that can't afford (university) now won't be able to afford it \$15,000 and four years down the road."

The Tories were next with a C-. The ANSSA said the To-

## Recommendations

by ANSSA, from which ANSSA based its grades

- Initiate a comprehensive review of Nova Scotia's entire post-secondary education system
- Guarantee access to schools for students in financial need
- Put \$543 million towards campus infrastructure work
- Work with Ottawa and other provinces to create a "Pan-Canadian Accord" on post-secondary education

ry platform includes pledges to keep freezing tuition fees, to spend \$114 million on campus infrastructure work and to give tax credits to graduates that stay in the province. Coffin said these promises fall short of what the Alliance wants and what other parties are pledging.

The lowest mark (D) went to the Green party as the Alliance said the party's single-planked platform for education "fails to make any tangible commitments."

## NDP promise to seniors reduced

The NDP promised \$500 per month yesterday to help keep seniors in their homes longer. But the \$2.3-million promise is actually stripped down from a year earlier.

Last year the NDP unveiled a \$12-million plan. However, party leader Darrell Dexter said that was too expensive given the state of

the province's books today.

The new plan would provide the \$500-per-month allowance to about 250 seniors to help them stay in their homes. It would also involve a personal alert phone service available 24-7 and renovations to make ramps more accessible.

He said some components of the 2008 plan are

still in the works but were not included in yesterday's announcement.

The Tories seized upon the change and accused the NDP of breaking its promise to seniors.

The Liberals attacked the plan for helping too few people and for only coming into effect next year.

PAUL MCLEOD/METRO HALIFAX

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What's online today.

**Video** The family of a Montreal teen shot dead by police refuse to participate in an inquiry into his death at [metronews.ca/canada](http://metronews.ca/canada)  
**Blog** Josey Vogels invites you to anonymously submit your darkest secrets to Sex-cetera and Hollywood Rants on how the box office triumph of *Night at the Museum* is bad news for us all



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**Linacy couple left homeless by fire**

A couple in their early 50s was left homeless after a fire Saturday destroyed their mobile home in Linacy. There were no injuries. The cause of the fire at 52 MacKay Rd. is being investigated. A team from the Canadian Red Cross arranged emergency accommodations for the couple. **METRO HALIFAX**

# U.S. navy honours War of 1812 dead

COLIN CHISHOLM  
for Metro Halifax



## Members of the United States navy were in Halifax yesterday to honour the buried soldiers at Deadman's Island for Memorial Day.

The park located in the Northwest Arm is the site of 188 unmarked graves of American prisoners of war who were captured during

the War of 1812.

The soldiers were prisoners on Melville Island before having their bodies moved to the site on Deadman's Island.

The park, which is actually a small peninsula by the Northwest Arm, was covered with small American flags and PoW flags yesterday which read, "you are not forgotten."

Lt.-Cmdr. Brad McGuire of the U.S. navy talked

**"They not only lost their lives defending their nation, but they also never made it home again."**

Lt.-Cmdr. Brad McGuire, U.S. navy

about the American PoWs buried under the trees just 20 feet away from him.

"They not only lost their lives defending their nation, but they also never made it home again," he

said.

McGuire, who is on exchange with the Canadian navy, noted the importance of Memorial Day for America and its allies.

"When you lose a na-

tion's son or daughter in defence of freedom, we know your loss," he said. "We understand your loss, and for those of us who serve with you — we feel your loss."

McGuire noted the thousands of lives lost by Canadian and American soldiers in recent conflicts such as in Afghanistan.

A prayer was given by Chaplain Andrew Cooke to honour all fallen soldiers,

sailors, and airmen from all countries. Bagpipes and a trumpet also played during the ceremony.

Consulate General of the United States for Halifax Harold Foster spoke at the ceremony. He was emotional yesterday because it was the first Memorial Day without his father, who was part of the U.S. army. Foster is looking forward to going home to see his father's grave in July.

## Two shops robbed in Dartmouth

**SUSPECTS** Robbers threatened workers in two Dartmouth businesses overnight Sunday, Halifax Regional Police say.

The first incident occurred at 7 p.m. when a male suspect walked into the Subway at 41 Portland St. and ordered the store clerk hand over money, while keeping one hand in his pocket, police said. "Staff felt the suspect could be armed," a report released yesterday said. He then grabbed some cash and ran.

The second incident happened at 2:40 a.m. Monday, when a man entered the Ultramar gas station at 219 Pleasant St. He told the attendant he had a knife and also demanded cash, but ended up taking off empty-handed, police said.

In the first case, police said officers arrested four males about an hour later, releasing two without charges and keeping the other two in custody. In the second case, police said they're still looking for a black man who is around 25 years old, has short black hair and is about five-foot-six with a skinny build.

**METRO HALIFAX**

## Dalhousie prof wins award

**ENVIRONMENT** A Dalhousie University biology professor has been named Environmental Scientist of the Year by Canadian Geographic magazine.

Dr. Ron O'Dor, a marine scientist, won the award in recognition for his dedication to his research and to environmental conservation, according to a Dalhousie press release.

O'Dor is currently the head of Dalhousie University's Ocean Tracking Network, a \$168-million global conservation project.

**METRO HALIFAX**

## Weather More sun in store



Bryan MacDonald returns Matt Haley's serve as they play tennis at the Halifax Common yesterday. Today's weather forecast calls for more sunshine with a high of 15 C.

## Discoloured water nothing to worry about, HRM says

**MAINTENANCE** People in Halifax may notice their water colour looks a little different the next two weeks as maintenance begins today on the Pockwock water supply system.

The work involves the temporary re-routing of water flows from the Pockwock main site, which is the primary water supply for Peninsular Halifax.

Halifax Regional Municipality said in a release yesterday that the discolouration of the water would not affect people's health.

Testing on water conditions will be done throughout the construction process to ensure safe drinking levels.

For more information go to [halifaxwater.ca](http://halifaxwater.ca) or call 490-4604.

**METRO HALIFAX**

## Strong showing for Nova Scotia at Canadian Skills Competition

**MEALS** Nova Scotia cleaned up at this year's Canadian Skills Competition with a total of 17 medals.

Nova Scotia's team won three gold, six silver and five bronze medals at the event in Charlottetown.

Teams from each province and territory in Canada competed in various skilled trade arenas from May 20 to 23.

Some of the events in the competition included carpentry, baking, website design and hair-styling.

This year's provincial team was the largest ever sent to the annual event.

The team included 40 competitors as well as 45 coaches, mentors and judges.

**METRO HALIFAX**

## Nova Scotia Votes

June 9, 2009

## SPECIAL AND ADVANCE POLLS

Nova Scotia voters who are unable to vote on Election Day, Tuesday, June 9, 2009 may do so at a special or an advance poll.

### SPECIAL POLLING DAYS

DATES	TIMES
Thursday, May 28, 2009	12 noon to 8 p.m.
Friday, May 29, 2009	12 noon to 8 p.m.
Saturday, May 30, 2009	12 noon to 8 p.m.
Monday, June 1, 2009	12 noon to 8 p.m.
Tuesday, June 2, 2009	12 noon to 8 p.m.
Wednesday, June 3, 2009	12 noon to 8 p.m.

### ADVANCE POLLING DAYS

DATES	TIMES
Friday, June 5, 2009	10 a.m. to 8 p.m.
Saturday, June 6, 2009	10 a.m. to 8 p.m.

### QUALIFICATIONS

Any eligible voter may vote at the special poll or advance poll. If your name is not on the List of Electors, you must be added using a certificate to vote. These are available from the Revision Assistant at the special and advance poll voting locations. Bring personal identification showing your name, civic address and signature.

### LOCATION

The locations of special and advance polls are given on the Voter Information Card (VIC) sent to your home. If you have not received a VIC by May 29, 2009, please contact the returning officer at the telephone number below.



Special and advance polls are held in premises accessible to those with a physical disability.

## ABSENTEE VOTING

Voters can vote by write-in ballot if unable to vote in person at the special or advance polls, or on election day. A write-in ballot is a blank ballot on which you write in the name of the candidate for whom you are voting, or your party of choice. Write-in ballots are available from your local returning office now. If you are not on the List and would like to vote by write-in ballot, you can be added to the List using the same application you complete to request a write-in ballot.

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# Residents voice concern about violent crime

**KRISTEN LIPSCOMBE**  
kristen.lipscombe@metronews.ca

**Kadeem Hinch, 18, says it's "scary" to know shootings are happening literally outside his front door.**

"You're finding bodies be-

hind schools and there are shootings right across the street," he said yesterday from the doorway of his Halifax home at the corner of Creighton and Buddy Day streets, where a man sustained several gun shot wounds Friday evening.

"I think (violent crime) is getting worse."

Hinch was also referring to the death of 36-year-old Tanya Jean Brooks, whose murdered body was found May 11 in a window well outside of a Maitland Street school.

Resident David Baird, who was doing construction work on Creighton Street yesterday, said violence is nothing new in the area, but agreed it's more frequent.

Halifax RCMP spokesman Cpl. Joe Taplin noted there have been high profile

crimes lately, but said "it's usually between people who are involved in this high risk lifestyle."

Taplin said police are troubled crimes have been taking place in quiet communities, such as Preston and Fall River. "Now all of a sudden

bullets are being fired in residential areas ... that's really concerning to us."

He said investigators are looking into whether or not a man who died a week after being shot in North Preston was just an innocent bystander.



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**Farmers revenue rises: StatsCan**

Canadian farmers' market cash receipts, a measure of gross revenue, rose 7.5 per cent to \$11 billion in the first quarter from the year-earlier period despite the onset of the global recession in the interval, Statistics Canada reported yesterday. **REUTERS**

5

# Canada



## Poll suggests PQ win over Grits

Quebec's separatists have strengthened their standing to the point where they would win provincial elections if a vote were held today, a new poll showed yesterday. The Leger poll has the separatist Parti Quebecois tied with the ruling Liberal party led by Jean Charest, left, at 40 per cent apiece. But because of the way the Liberal votes are concentrated in fewer districts, the Parti Quebecois would win an election. **REUTERS**

## CN to pay out \$1.8M after derailments

**PENALTY** Canadian National Railway pleaded guilty and paid fines to settled environmental charges stemming from two high-profile derailments in Western Canada, officials said yesterday.

The railroad will pay \$1.8 million to resolve the charges stemming from the crashes in August 2005 that leaked oil into Lake Wabamun in Alberta and dropped caustic soda into B.C.'s Cheakamus River, CN said. Neither accident caused human injury, but the Cheakamus River spill created a large fish kill and both incidents led to authorities filing environmental charges against CN. The railroad pleaded

### Cleanup costs

- Canadian National Railway and its insurers have paid more than \$132 million on cleanup and compensation costs stemming from the Lake Wabamun accident, which was caused by a broken rail, the company said.

guilty in provincial courts at Stoney Creek, Alta., and North Vancouver, to violating laws protecting fish and migratory birds, Environment Canada said.

The railway said it has also spent more than \$7 million on fish restoration and other habitat programs. **REUTERS**

# EI reforms unveiled

Tories refuse demands from opposition to relax eligibility rules

### Regulations

- Current rules require 420 to 700 hours of work to qualify, depending on the region of the country. The new government initiative did not alter that formula but would allow earlier access to EI benefits for workers using severance packages to invest in training.

**The Conservative government unveiled an expansion of jobless benefits yesterday but rejected demands from opposition parties to relax current eligibility rules or risk facing an election over the issue.**

It was not immediately clear if the initiative would be enough to keep the Liberals from trying to defeat the Conservative government, which holds only a minority of seats in the House of Commons and must rely on the support of at least one of the three opposition parties to stay in power.

One Liberal official, who

asked not to be identified, said the new benefits had already been flagged in the January federal budget and did nothing to address qualifying for Employment Insurance (EI).

Yesterday's announcement, by Human Resources Minister Diane Finley, entailed \$500 million in EI spending to help laid-off workers with long tenure to upgrade their skills.

"Measures in our economic action plan demonstrate the government's commitment to improving the EI program to help Canadians adjust to the changing economy," Finley said in Oshawa, Ont., where many autoworkers have been laid off following the closure of a General Motors Corp. truck plant.

All three opposition parties have demanded the government allow workers

across Canada to be eligible for Employment Insurance after working a standard 360 hours — or 45 work days — as the recession takes its toll. Liberal leader Michael Ignatieff has threatened a non-confidence vote over the issue.

At first, the Conservatives had suggested they were listening to all proposals, but they have subsequently come out swinging against it.

Finley issued a lengthy statement on the weekend saying the proposal would require higher EI premiums to pay for it. **REUTERS**



Finance Minister Jim Flaherty speaks to the media yesterday before attending a meeting with provincial and territorial finance ministers in Chelsea, Que. The meeting focused on the economy, pension plans and employment insurance.

## Good signs showing: Flaherty

**ECONOMY** Finance Minister Jim Flaherty said yesterday the economy was showing positive signs but warned against early predictions of recovery, saying the country was still in recession.

"There are some good signals in the economy but I think we have to be cautious. We are still in the midst of a recession, a fairly deep recession," Flaherty

told reporters prior to a full-day meeting with provincial finance ministers at Meech Lake in Quebec.

Recent Canadian data has shown encouraging evidence of recovery, most recently with Friday's retail sales report for March, which showed the a third straight monthly increase.

One of the first items on

the agenda for the meeting was a closed-door briefing by Bank of Canada governor Mark Carney on the state of the economy.

Provincial ministers were expected to press Ottawa for reforms to employment insurance — a need to help the jobless through the recession — and the goal of improving pension systems. **REUTERS**

## Broadcaster rapped for Obama remarks

**TELEVISION** Canada's public broadcaster was wrong to show a skit that joked about the possible assassination of U.S. President Barack Obama and suggested he could be a thief, a panel ruled yesterday.

The New Year's Eve Bye Bye comedy program — shown by the French-language Radio-Canada network — generated more than 200 complaints. In one segment, two hosts discussed Obama's election in November 2008. In the sketch, one host suggested Obama would make an easy target for assassination because he would stand out against the White House. Obama is the first black U.S. president.

The Canadian Broadcasting Standards Council said it found "nothing redeeming in the allegedly comedic notion that an American president should be shot, still less that this would be easier to achieve because of the colour of the president's skin. It was a disturbing, wounding, abusive racial comment."

The producers of the show denied the skits had been racist, saying they had meant to mock the characters making the offensive remarks. **REUTERS**



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A cyclone slammed into parts of Bangladesh and eastern India yesterday triggering tidal surges and flooding that forced some half a million people from their homes and killed almost three dozen people. **REUTERS**

# World



## French rail workers strike

French rail workers launched a 24-hour strike yesterday to demand pay rises and job security, the first and main event in a day of labour action planned by unions for today to maintain pressure on the government. The unions accuse President Nicolas Sarkozy of not doing enough to save jobs and defend wages. **REUTERS**

## U.S. vows to back S. Korea

President Barack Obama assured South Korean President Lee Myung-bak yesterday of Washington's "unequivocal commitment" to the defense of South Korea following a nuclear test by North Korea.

The two presidents "also agreed to work closely together to seek and support a strong UN Security Council resolution with concrete measures to curtail North Korea's nuclear and missile activities," the White House said in a statement.

Obama also spoke by phone with Japanese Prime Minister Taro Aso and assured him of Washington's "unequivocal

commitment to the defense of Japan and maintaining peace and security in Northeast Asia," the White House said.

The UN yesterday condemned North Korea's nuclear test, but Pyongyang looked set to ratchet up tension further with a report it would launch more short-range missiles.

"Our army and people are fully ready for battle ... against any reckless U.S. attempt for a pre-emptive attack," the North's KCNA news agency said.

The White House said Obama and Aso agreed to intensify co-ordination with South Korea, China and Russia. **REUTERS**



Anti-North Korea protesters burn a mock North Korean missile, the North Korea flag and portraits of its leader Kim Jong-il at a protest in Seoul, South Korea, yesterday. North Korea conducted an underground nuclear test early yesterday. **REUTERS**

## Militants launch attack on Chevron pipeline in Nigeria

**LAGOS** Nigerian militants launched their first major strike against the oil industry since the start of a 10-day old military offensive late on Sunday, bombing a Chevron pipeline.

The Movement for the Emancipation of the Niger Delta said in an email it had sabotaged pipelines to several flow stations feeding a Chevron facility in Delta state.

The U.S. energy firm confirmed one of its pipelines in the Abiteye area was

**100,000** Barrels of oil per day typically pumped out by the Chevron pipeline shut by militant attacks Sunday.

breached Sunday and said production had been shut as a precaution while checks were made.

The military began its biggest offensive in years 10 days ago, bombarding militant camps around Warri in Delta state. **REUTERS**

### News in brief

**CLIMATE** France and Germany suggested yesterday that rich nations should collectively guarantee deep cuts in gases by 2020 while giving flexibility to laggards such as the U.S. to catch up later.

**SWAT** Pakistani soldiers were moving from house to house yesterday as they battled militants in the Swat Valley's main town and were expected to take at least a week to secure it, the military said. **REUTERS**

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# Comment & Views

## Comment

### Take a break from MPs

#### NationalReport

Lawrence  
Martin

metronews.ca/nationalreport

It appears (yawn) that we're going to have to put up with election speculation (yawn) every day between now and when the members of Parliament take their three-month summer break. This break (yawn) follows their pre-Easter break, their Easter break and their post-Easter break, which was last week.

Before that (how do our lawmakers endure the strain?) there was their mid-winter break, and before that the Christmas break, and before that the pre-Christmas break when Stephen Harper shut the doors of Parliament to

save his government.

When they're not breaking, the MPs are posturing (yawn) as they are now with election bluster. It is clear there won't be an election called before the summer break. For one thing, we just had an election last fall. For another, the issue of changes to employment insurance isn't important enough to trigger a new one. For another, Liberals are unlikely to get the support of the opposition parties to defeat the government on a non-confidence motion.



tion.

And so everybody should relax and tune out politics until the MPs return to work in late September before their weeklong Thanksgiving break in mid-October.

By that time, the Conservatives hope the recession will be easing off and their attack ads will have succeeded in making voters believe Michael Ignatieff is an arrogant elitist whose only interest in this country has been for vacation stopovers.

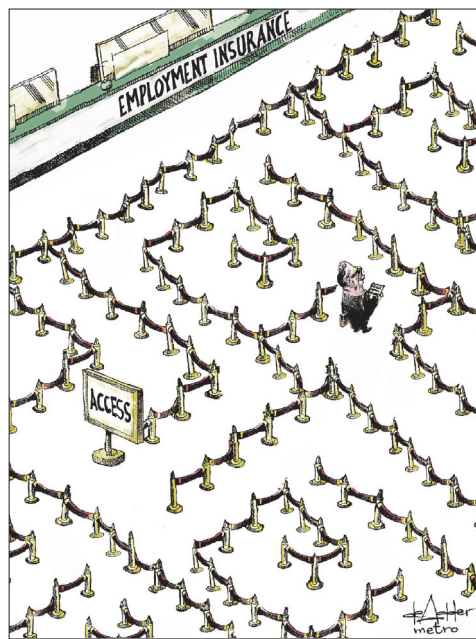
They should bear in mind, however, that the last so-called arrogant elitist who sat in the king's chair was Pierre Trudeau. A new poll rating modern prime ministers shows Trudeau on top by a huge margin. He scored 39 per cent, with everyone else in the footnote category at 11 per cent or worse. Stephen Harper was at 11 per cent, but the bad news for him was he topped the list

for worst PM, scoring 22 per cent.

Trudeau also had the reputation of someone who cared more what was happening in the salons of Paris than the bowling alleys of Moose Jaw. That didn't hurt him either. He also had the reputation of being an intellectual, something else the anti-Iggy ads scorn. That didn't hurt him either.

Come to think of it, maybe the Grits ought to be saluting the ads painting their new guy as an outsider. The thing about Trudeau is he wasn't pedestrian, like (yawn) some latter-day prime ministers we know. That's why he was and is still admired. His outsider aura gave him a compelling mystique. He rose above — as national leaders should — our collective mundanity.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



## Letters

### Parents should be the ones to enforce curfews

Re: *Curfew for youth, says MacDonald (May 22)*

Rodney MacDonald's idea of a curfew for youth under 15 seems a waste of time to me.

If children that age are wandering the streets at 1 a.m. there is a bigger problem at home. I can't imagine much co-operation from parents who have their children brought home by police.

And for MacDonald to imply that they do not anticipate enforcing the fine very often just makes it a waste of words.

Where are the parents and what are they doing at this hour? My minor children were always home in bed safe and sound.

KATHRYN DOWNEY,  
LOWER SACKVILLE

### Savouring small things can help in pursuit of happiness

Re: *Savour the little things (May 21)*

I really appreciated Andrea Woo's theme to savour the things that bring happiness and to not dwell on those that bring negativity or conflict.

It was very thought-pro-

## Sunny Side

voking and a valuable perspective to adopt in the endless pursuit of happiness!

PAUL KLAASSEN, CALGARY

### Social systems can help during these tough times

Re: *SunnySide initiative*

Having lived in several countries across Asia, Europe and North America, I find Canada one of the best countries with great social systems. Programs such as environmental conservation, recycling and planned usage of its vast natural resources are ahead of many other developed countries.

It's amazing to find so many social services free of charge here in Canada, giving that we come from countries where we had to pay for everything, which is usually expensive.

I constantly feel grateful to be in Canada's well-designed social system. The government has done a good job putting everything in place for its people, and that becomes so important during tough times like today.

KEDIY ZHANG, TORONTO

## Views

### Kuwaiti women inspire historic change



Mona  
Eltahawy  
Global View

I love it when women put the fear of God into countries. That's how I like to explain Saudi Arabia's decision to delay municipal elections for two years.

It's all the fault of four Kuwaiti women who made history on May 17 by winning seats in their country's parliamentary elections. Their victory was made all the more delicious because fundamentalists long opposed to women's political rights lost several seats.

A day later, the Saudis postponed their elections, slated for October. They know too well the ideas that Saudi women can pick up from their Kuwaiti sisters.

In the aftermath of Iraq's 1990 invasion of Kuwait, many Kuwaiti men and women fled the violence by driving to neighbouring Saudi Arabia. Inspired, 47 Saudi women violated the kingdom's ban on driving by taking to the wheel in a convoy through the capital Riyadh.

They were denounced as whores in mosque sermons, were banned from working for two years and had their passports temporarily confiscated.

And to this day, the country whose oil reserves fuel most of the world's cars continues to deny women the right to drive a car, to vote and to run for office. Men were enfranchised only in 2005, when the kingdom briefly flirted with democracy by allowing its first local elections. Fundamentalists clerics ensured they remained off

limits to women.

Just as they had in Kuwait, where for years they blocked legislation for women's suffrage. Women finally won their political rights in 2005, but failed in two subsequent elections to win seats in the 50-member parliament. But now, with neither quotas nor the backing of political parties, the four successful women candidates have proven that once conservative voting habits can change.

Islamists lost eight of their seats — a stinging rejection of their attempts to control Kuwaiti society. They have succeeded in banning co-education at universities, restricting public entertainment and had wanted to implement Islamic law.

Just as women faced down the fundamentalists in Kuwait, they will, too,

eventually, in Saudi Arabia. Brave women there are standing up to the conservatives whether online, where they comprise more than half the kingdom's bloggers, or through underground basketball and soccer tournaments that flout the ban on women in public sports.

In February, King Abdullah appointed the kingdom's first woman deputy minister. In reaction, conservative clerics called for a ban on women in media.

When conservative Saudi clerics claim to be upholding "Islam," point to neighbour Kuwait and ask, "Whose Islam?" Saudi Arabia can run but it can't hide from the change that surrounds it.

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.

Tell us your views by email to [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metrohalifax

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Tuesday, May 26, 2009

8

**Qantas axes some first-class flights**  
Australia's Qantas Airways has temporarily scrapped first class on some routes, as the global economic downturn makes travellers think twice about a little in-flight luxury. **REUTERS**

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Credit relief for Air Canada

**Facing a cash crunch brought on by a difficult economy, Air Canada has bought itself more breathing room from one of its credit card processors as the airline seeks to avoid a second bankruptcy protection filing in less than six years.**

The country's largest airline said yesterday it has struck a preliminary agreement with an unnamed credit card processor that will reduce the amount of cash Air Canada is required to hold on its balance sheet.

Credit card processing companies act as middlemen between airlines and their customers. When a customer books a ticket through Air Canada's website or a travel agent using a credit card, the processor generally hands money over to the airline within minutes, even though the product — the flight — may not be delivered for up to a year.

### Struggles

• Air Canada's business and economy-class ticket sales have slumped, with the airline posting a \$400-million loss in the first quarter. That's on top of a \$1-billion loss in 2008.

Since the card processor can be on the hook if the airline goes out of business, the agreements generally require the airlines to maintain a specific level of cash on their balance sheets or face having payments withheld — money that can be used to reimburse customers whose flights may get cancelled.

At present, Air Canada has about \$1 billion in cash and is required by its current credit card processing agreement to maintain cash levels of \$900 million. Under the new agreement, the amount will be reduced to \$800 million.

**TORSTAR NEWS SERVICE**

## Imperial's Kearn project going ahead

**ALBERTA** Imperial Oil Ltd. yesterday said it would go ahead with its \$8-billion Kearn oilsands project, the first major new development to be approved in northern Alberta since the recession forced a spate of cancellations.

Imperial, Canada's biggest oil exploration and refining firm, said it ex-

pects to complete the mining project's first 110,000 barrel per day stage by late 2012.

Future expansions could boost production from the site north of Fort McMurray, Alta., to 300,000 barrels a day.

The Kearn project will be Imperial's third major oilsands investment. **REUTERS**

## The DAILY BUSINESS BUZZ

### Haddock fishery seeks MSC certification:

The Scotia-Fundy haddock fishery has begun its assessment to be considered for Marine Stewardship Council (MSC) certification.

### Feds delivering support for lobster industry:

The federal government is directing \$10 million from the Community Adjustment Fund to help hard-hit lobster-fishing communities improve marketing and innovation, and develop products and technologies.

### Consultant hired for library project:

The Tatamagouche library project moved a step closer to reality this week with municipal approval to hire a design consultant. Halifax's Lydon Lynch is being contracted to prepare the building's design at a cost of \$52,000.

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**DAILY BUSINESS BUZZ**  
**nsbj.ca**

## In brief

**AUTO** The Canadian Auto Workers union said yesterday that its members voted overwhelmingly in favour of a new contract with General Motors Corp. that will put the company's labour costs on par with those at Toyota Canada's nonunionized plants. **REUTERS**

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## Your Money

EDITOR: NINA.DRAGICEVIC@METRONews.CA

# Credit cards: Know the real score

Alison On Money

Alison Griffiths

metronews.ca/alisononmoney

Pressure and temptation. It's Saturday afternoon. The lineup at the department store checkout is long enough to make you think you're waiting for tickets to a hot rock concert.

Clutching your sale scores — a coffee maker, a set of towels and a pasta machine (you'll save pennies making penne yourself, right?) — you're easy pickings for the clerk.

He chirps, "Will that be on your (insert store name) card?" When you say no, he looks at you sadly. "Do you

## Alison's Money Rule:

- Retail cards can offer a quick financial bonus but take care you don't ding your credit score when you apply.

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When it comes to credit cards from retail outlets, be careful. You may save money on the spot but what about your credit score?

have a (insert store name) card?" At your head shake, the clerk's sad look becomes mournful.

Now comes the tempting pitch and the pressure to decide as a lengthening lineup snakes down the aisle behind you. You could save 10 per cent on your purchases, on top of the 30 per cent sale price. It just takes a minute and can be done right here at the check-out counter.

The implication is that you'd be a fool not to take advantage of this "one-time offer." It's not like you ever have to use the card again.

Hold on a minute. These point-of-sale credit card pitches are incredibly tempting since they offer a quick financial bonus. But take care that you don't

ding your credit score for the sake of saving \$50.

Every time you acquire a new credit card you increase the total credit available to you which means you pose a higher risk to lenders. Most people who apply for a retail card while making a purchase don't even know what the credit limit will be. You could be signing up for \$10,000 in new credit which might have a negative impact on your score.

A lowered credit score means that the next time you need to re-mortgage, buy a car or take out a line of credit, you might have a difficult time getting approved.

Alison Griffiths is a financial journalist, author and host of Moxed Out on the W Network. Write to her at [alison@alisongriffiths.ca](mailto:alison@alisongriffiths.ca).

## Grants for a second chance career

MoneyMatters

Henry Choo Chong

metronews.ca/moneymatters

**Q** I worked for a large auto parts company until three months ago. I see this as an opportunity to pursue my passion in cooking. Will I qualify for the apprenticeship program?

— Geoffrey

**A** There are many government programs available to help workers get into careers of their choice. The

Apprenticeship Incentive Grant (AIG) is one such program.

In these trying times, it all helps. The AIG provides \$1,000 per year to a maximum of \$2,000 to eligible individuals that have completed their first or second year in an approved program. The grant can be used to pay for tuition, materials, etc. Money received is taxable and reported on filing tax return.

Eligibility for AIG:

- Individual must be Canadian citizen, permanent resident or protected person
- Out of high school
- Registered in a Red Seal trade and with employer
- Show progress within an

eligible apprenticeship program

The list of Red Seal Trades are extensive. Check out Service Canada's website for a full list, [servicecanada.gc.ca](http://servicecanada.gc.ca).

Henry Choo Chong, CGA, can be reached at [choochonghcgga@yahoo.ca](mailto:choochonghcgga@yahoo.ca).

Investing

Allan Small

Allan Small discusses top five mistakes investors make regarding investment strategy. Visit [metronews.ca/investing](http://metronews.ca/investing)

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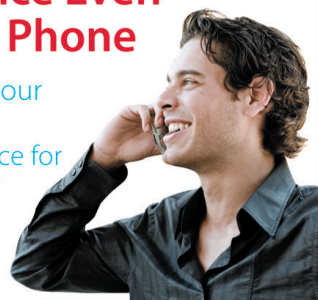
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Burnley returned to the top flight of English football yesterday with a 1-0 defeat of Sheffield United in the promotion playoff final at Wembley. The Lancashire club, who were relegated from the old first division in 1976, were the better side throughout. **REUTERS**

# Sports

SPORTS@METRONEWS.CA



## Canseco's MMA debut

Jose Canseco, left, is set to make his mixed martial arts debut tonight in Japan, and he's afraid. "I'm scared. This guy is huge," Canseco, who hit 462 home runs over 17 seasons in the major leagues, told a news conference yesterday. He's scheduled to fight seven-foot-two 330-pound super heavyweight Hong Man Choi of South Korea. **METRO NEWS SERVICES**

## NBA Melo challenges Gasol



Denver's Carmelo Anthony goes up for a shot over Pau Gasol of the L.A. Lakers last night during Game 4 of the NBA's Western Conference final. For a complete game recap, visit [metronews.ca/sports](http://metronews.ca/sports).

# Tavares vs. Hedman

## NHL draft combine may determine who's picked first

**MATTHEW WUEST**  
[matthew.wuest@metronews.ca](mailto:matthew.wuest@metronews.ca)

**John Tavares and Victor Hedman will "run the gauntlet" this week in the race to be drafted No. 1 overall.**

The consensus top two prospects for June's NHL entry draft are in Toronto for Central Scouting's annual draft combine and will be put through rigorous physical fitness testing.

Dubbed "running the gauntlet," Central Scouting sets up 16 stations — not for the faint of heart — around the horseshoe perimeter of the Westin Bristol ballroom.

"These kids will be pushed all

most to exhaustion," said E.J. McGuire, director of Central Scouting. "It's a chance to show teams what kind of shape you're in. With all the telemetry, if a kid's not in shape, this will tell them."

McGuire said the hardest tests on the gauntlet are the Anaerobic Wingate and the aerobic VO2 max tests.

More than 100 prospects will be put under the microscope at the combine, which also includes a detailed medical review and gives teams a chance to interview prospects.

Tavares, a gifted London Knights sniper and the Ontario Hockey League's all-time leading goal-scorer, and the Swedish Hedman, a 6-foot-5 blueline behemoth with two-way polish,

have been battling for the No. 1 spot for two years.

One scouting publication recently added Brampton Battalion forward Matt Duchene to that group.

"Sometimes, the combine moves a guy up or down a notch," McGuire said. "Teams have lists ready to go, but the combine might confirm or disconfirm something."

The New York Islanders hold the No. 1 pick in the draft, while the Toronto

## Draft order

Top 10 picks in the NHL entry draft, June 26 and 27 in Montreal.

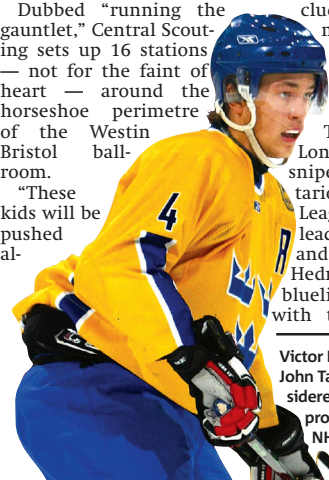
1. New York Islanders
2. Tampa Bay Lightning
3. Colorado Avalanche
4. Atlanta Thrashers
5. Los Angeles Kings
6. Phoenix Coyotes
7. Toronto Maple Leafs
8. Dallas Stars
9. Ottawa Senators
10. Edmonton Oilers

Maple Leafs have made no secret about their interest in Tavares and want to move up from No. 7.

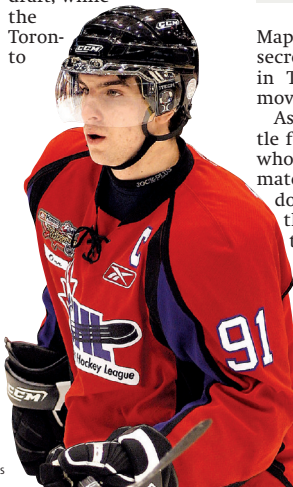
As for who wins the battle for No. 1? Depends on who you ask, and ultimately, it could come down to the needs of the team who holds the pick. But if you ask McGuire?

"My personal prediction is John Tavares," McGuire said.

"He's going to be a 30-goal scorer for a decade or so in the NHL. What team doesn't want to have that?"



Victor Hedman, left, and John Tavares are widely considered to be the top two prospects in this year's NHL draft.



GETTY IMAGES

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## Balsillie applies for NHL ownership

**HOCKEY** While the NHL and Phoenix Coyotes owner Jerry Moyes look like they can finally get along, the question becomes whether the league will admit or blackball BlackBerry magnate Jim Balsillie.

The league has before it the application by the billionaire co-founder of Research In Motion to become an owner. Next week, it will receive an application from Moyes to officially move the team to Hamilton.

NHL deputy commissioner declined to comment on Balsillie's application, but confirmed to the Toronto Star the NHL will continue to pay the Coyotes' bills until the team is sold as part of a mediation agreement. Moyes and the NHL were ordered into mediation last week by Judge Redfield Baum, an order that has borne some fruit.

**"We're hopeful. The biggest thing that's driving our confidence is the fans."**

Bill Walker, Balsillie's spokesperson

"The control issue is not resolved," Daly said in an email. "But the parties are trying to agree on a process to jointly operate the club pending the sale."

A hearing tomorrow will shed light on some matters, including the process to sell the team and the city of Glendale's lawsuit to force the team to say at the Jobing.com Arena for another 26 years.

Any relocation will be decided in June, with Moyes kick-starting that when he hands in his application next week. The NHL will likely turn down Moyes' application — setting in motion an anti-trust suit.

But what it does with Balsillie's application to be approved as an owner is anyone's guess.

Balsillie was approved when he tried to buy the Pittsburgh Penguins, so the Balsillie camp is hopeful that the vetting process will be seamless.

"We're hopeful," said Balsillie spokesperson Bill Walker. "The biggest thing that's driving our confidence is the fans. The NHL wasn't considering another team in southern Ontario prior to our bid. Given the fact that over 130,000 fans have signed up for our ([makeitseven.ca](http://makeitseven.ca)) website, the NHL has acknowledged that southern Ontario can support another team and is a good hockey market."

TORSTAR NEWS SERVICE

## Top seeds rolling at French Open

**TENNIS** World No. 1 players Rafael Nadal and Dinara Safina dazzled their opponents in the Parisian sun yesterday to blaze into the second round of the French Open.

Brazil's Marcos Daniel fought valiantly for almost 2½ hours before suffering the same fate as four-times champion Nadal's previous 28 opponents at the claycourt grand slam, going down 7-5, 6-4, 6-3.

Roland Garros also caught a brief glimpse of Safina — although if you blinked you might have missed her — as the Russian white-washed Britain's Anne Keothavong 6-0 6-0.

Roger Federer would have preferred to have got even more hot and bothered, but that did not stop him from hotfooting into the last 64 with a 6-4 6-3 6-2 victory over Spaniard Alberto Martin. **REUTERS**



**Tyson's daughter on life support**

Phoenix Police say boxer Mike Tyson's four-year-old daughter is on life support after she was found with her neck on a treadmill cable. Police say the girl is in "extremely critical condition." **METRO NEWS SERVICES**



Team Canada midfielder Kara Lang, left, and Team USA defender Lori Chalupny fall as they battle for the ball during the first half of their women's international friendly soccer game last night in Toronto.

## Canada falls to U.S.

On a night that held so much promise, it turned out the only bright spot for Canada was the fluorescent soccer boots worn by star striker Christine Sinclair.

The United States, the world's top-ranked women's team, scored the first goal less than two minutes into the game and never looked back, beating Canada 4-0 at BMO Field in Toronto.

The result was a humbling one for the 11th-ranked Canadians, who were making their home debut under new coach

**"I'd prefer to lose a game 4-0 against a team of this calibre than have to win a game 3-0 against an easy opponent."**

Carolina Morace, head coach

Carolina Morace, a former Italian international star hired in February to replace Even Pellerud, who ran the program for nearly nine years.

It was also disappointing for the 10,255 fans on hand who hoped to see Sinclair net the 100th goal of her brilliant international career. She forced U.S. goalkeeper

Hope Solo to make her only save of the night in the 17th minute, but it was an easy one from 20 yards.

"I'd prefer to lose a game 4-0 against a team of this calibre than have to win a game 3-0 against an easy opponent," an upbeat Morace said through an interpreter.

**TORSTAR NEWS SERVICE**

### SCOREBOARD

NHL		TOMORROW		THURSDAY	
Pittsburgh at Carolina		Chicago White Sox at L.A. Angels		Toronto at Baltimore	
TOMORROW		THURSDAY		Tampa Bay at Cleveland	
Chicago at Detroit		THURSDAY		N.Y. Yankees at Texas	
NBA		THURSDAY		Detroit at Kansas City	
YESTERDAY		THURSDAY		Boston at Minnesota	
L.A. Lakers at Denver		THURSDAY		Chicago White Sox at L.A. Angels	
TODAY		THURSDAY		Seattle at Oakland	
Cleveland at Orlando		THURSDAY		NATIONAL LEAGUE	
		THURSDAY		YESTERDAY	
		THURSDAY		Cincinnati 8 Houston 5	
		THURSDAY		L.A. Dodgers 16 Colorado 6	
		THURSDAY		Tampa Bay at Cleveland	

## Jays lose seventh straight game

### MLB RESULTS

Toronto 1 Baltimore 4



**BASEBALL** Brian Roberts doubled, tripled, knocked in one and scored twice as the Baltimore Orioles sent Toronto to a seventh straight loss after beating the Blue Jays 4-1 in the opener of a three-game set at Camden Yards.

Roberts left the game after seven innings with a

shin contusion and was replaced at second base by Robert Andino.

Aubrey Huff and Greg Zaun chipped in with an RBI apiece for Baltimore, which came into the series after taking two of three from Washington in an interleague matchup.

Jeremy Guthrie (4-4) went seven solid innings in picking up the win. The right-hander allowed one run on seven hits, walked a batter and struck out four.

George Sherrill picked up his 10th save of the season with a scoreless

ninth inning.

Vernon Wells went 2-for-4 and had an RBI for the Blue Jays, who last won on May 18 versus the Chicago White Sox. Marco Scutaro had a pair of hits, scored the lone Toronto run and had a stolen base. Lyle Overbay also turned in a two-hit effort in defeat.

Brian Tallet (2-3) suffered the loss despite pitching six effective innings. The lefty gave up seven hits, two runs, a pair of walks and struck out five.

**METRO NEWS SERVICES**

## Former Moose closing in on Kelly Cup

**ECHL** Former Halifax Mooseheads goaltender Jonathan Boutin is three wins away from winning the Kelly Cup.

The 24-year-old has backstopped the South Carolina Stingrays to the East Coast Hockey League best-of-seven final against the Alaska Aces. He has a 2.64 goals-against average, a .909 save percentage and a

12-3 record in 15 starts.

The Stingrays and Aces are tied 1-1 in the series.

Boutin, a former third-round pick of the Tampa Bay Lightning, is with the Stingrays on a minor-league contract. His three-year NHL deal with the Lightning expired last summer.

He spent parts of three seasons with the Mooseheads from 2001 to 2004, starting 47 games in 2002-03.

Also vying for the Kelly Cup is Aces blueliner Derick Martin, who spent two seasons with the Saint Mary's Huskies.

**METRO HALIFAX**



Jonathan Boutin

## Gordon helps Bears advance to Calder Cup final

**AHL** Andrew Gordon helped send the Hershey Bears to the American Hockey League Calder Cup final last night.

The Porters Lake forward opened the scoring in the second period as the Bears dumped the Providence Bruins 5-2 to take the AHL best-of-seven semifinal in five

games.

Gordon, a seventh-round pick of the Washington Capitals in 2004, has five goals and two assists in 16 games. The Bears also feature Bedford forward Andrew Joudrey.

Brad Marchand of the Bruins in the loss and finishes the playoffs with

15 points in 16 games, eighth in the league. Andrew Bodnarchuk, another Hammonds Plains native, also saw his season come to a close.

Hershey will play the winner of the other semifinal between the Houston Aeros and the Manitoba Moose.

**METRO HALIFAX**

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# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

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## Cyber-confess your sins

### The J Spot

**Josey Vogels**

[metronews.ca/thejspot](http://metronews.ca/thejspot)

went to a small, rural Catholic school and our priest used to bring a portable confessional and set up in the hallway every other Tuesday. We'd line up to kneel and confess our sins through the little, latticed window, speed through our assigned penance prayers and poof, the slate would be wiped clean for another couple weeks.

The Experience Project ([experienceproject.com](http://experienceproject.com)) is like one big online personal confessional, but instead of confessing that you lied to your parents or took the Lord's name in vain, participants "cyber-confess" that they're in a sexless marriage, that they're having an affair with a married man or that they've fallen hard for a guy who clearly doesn't feel the same way.

"Some of the things we're dealing with may be stuff we're not particularly proud of and can't talk about it to people close to us for fear of judgment or because they simply won't get it," says site founder Armen Berjikly, a 29-year-old computer science engineer in San Francisco. "We need to talk to people who've been there that's often

more important than even knowing who you're confessing to."

Berjikly insists it's not about being secretive as a way of coping out of being honest in your real life but an alternative to bottling things up or living in denial.

Cyber confessors I spoke to said they found the site helpful because it allowed them to "get certain things off your chest" or "it helped to relieve stress and release hurtful things."

Being in a sexless marriage was embarrassing for 42-year-old "Anne." "Had I not stumbled upon the website, I probably would be divorced right now," she says. "My experience set me on the right path to get counselling and work on my marriage instead of giving up."

"There is great value if you harness technology to be helpful," says Berjikly, who got the idea for the site when helping a friend with Muscular Dystrophy find online support. "As humans our most challenging experiences are what make us who we are as people and they are what bond us together."

Share your best-kept secret on the Sexcetera blog at [metronews.ca](http://metronews.ca). The juiciest secret will win a copy of The Tantric Sex Deck: 50 Paths to Sacred Sex and Lasting Love by Don and Debra Macleod.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit [joseyvogels.com](http://joseyvogels.com).

## Girls use sex as currency

Author raises awareness of teen prostitution in Canada

CELIA MILNE  
for Metro Canada

**Right under our noses, girls are trading oral sex for pretty shirts and sex for money.**

For her new book and film *Oral Sex* is the New Goodnight Kiss, Canadian journalist Sharlene Azam interviewed teenage and pre-teen girls about sexual attitudes and found many who use sex as currency.

Even in middle-class Canada, girls are being recruited — often by other teens — to provide sexual services to groups of men and boys.

"I was most surprised to learn that there are girls recruiting other girls," Azam told Metro. "It is chilling to sit across from a teenage girl who talks about targeting a pretty, popular girl at her school because she thinks she has everything and is jealous of her."

Parents often believe that their daughters are safe when they are at school, at the mall or chatting on the Internet. But Azam found girls as young as 12 were actually giving oral sex to groups of boys and telling their parents they were hanging out with friends.

All the boys had to do was say they "want a piece" of her, and she'd perform oral sex while the others watched, reports Azam, who splits her time between Los Angeles and Vancouver. She also interviewed girls who were willing to pose nude on



*Oral Sex is the New Goodnight Kiss* by Sharlene Azam documents the stories of Canadian girls being recruited for prostitution.

their webcam and get paid to send the pictures to anonymous men.

"There is very little education or awareness of what is happening to girls because the problem is so new and it is well hidden."

Why are girls today more promiscuous than in the past?

"The Internet has sped up teens' sexual willingness and behaviour," says Azam. "Girls are surrounded by a hypersexual-

ized culture where they are being groomed and encouraged to think of themselves as: Hooter's Girl, Stripper, Porn Star. Exposure affects behaviour."

Girls who are looking for attention know that a sexy video or picture can give them power and launch them into fame.

This behaviour can have long-term health effects. It could affect the girls' ability to trust men later in life and to have normal, living



**"The Internet has sped up teens' sexual willingness and behaviour."**

Canadian journalist  
Sharlene Azam

relationships, says Azam, who is married with a young daughter. In addition, many girls are getting STDs. One public health nurse told her that at the four schools she visits, hundreds of kids have chlamydia.

Azam suggests that parents pay close attention to their daughters during their teen years and have regular conversations with them about sex.

"The parents that I interviewed wished they had paid attention to the warning signs. When you learn that your daughter has traded sex for \$60 or has sold her virginity for \$1,000, your whole life stops," she says.

### A revealing read

• *Oral Sex is the New Goodnight Kiss* by Sharlene Azam is available through [thenewgoodnightkiss.com](http://thenewgoodnightkiss.com) and Amazon.



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## TV's happy Medium

Patricia Arquette's show Medium was cancelled and saved all in the space of 24 hours. Just a day after NBC announced it was dropping the drama series, rival network CBS has picked it up. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

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# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA



## Giving chase

Kevin Bacon had his BlackBerry stolen in a New York subway station last week and tried his best to chase down the thief, but to no avail, according to the New York Post.

METRO WORLD NEWS

# Album cover art gets facelift

Digital downloading is changing the relationship between music fans and artwork

BRYAN BORZYKOWSKI  
for Metro Canada

There's more to a CD than just the music. Flipping through liner notes, reading lyrics and, especially, staring at brilliant cover art is all part of record listening experience. Or at least it was — with legal downloading accounting for 20 per cent of all music sales, the future of album artwork is in jeopardy.

"There seems to be less and less need for artwork," says Bob Mersereau, author of the Top 100 Canadian Albums. "When my son buys a CD he throws the insert away. He doesn't want it; it just gets in the way for him. He's not interested in that experience."

If Mersereau's son is any indication, the days when an album's cover would often resonate more than the music is over. That worries the New Brunswick-based journalist.

"When you say Dark Side of the Moon, what's the first thing that pops into your head? It's not Money. It's that cover. Abbey Road? It's the cover," he says.

While there's no doubt the experience of flipping through a CD booklet is changing, one web-based music store owner doesn't think album art will disappear.

"The future is limitless,"



Juno-Award winning album designer Michael Wrycraft — who does all his work under the moniker "A man called Wrycraft" — says he's not panicking about the future. He's designed album covers for, from top left, Blackie and the Rodeo Kings, Bruce Cockburn and Gordon Lightfoot.

says Dave Ullrich, founder of Toronto-based Junior.com. "It might not be the same as vinyl, but it can be very different and different can be better."

On his website Ullrich gives music buyers the opportunity to download PDFs of a disc's artwork, and he once offered downloaders a high resolution Rheostatics poster that could be printed

and framed.

While he's happy to give his customers more than just MP3s, he admits that the future of cover art will soon be far more dynamic than a simple PDF download.

"It doesn't exist yet, but with things like iPhone apps fans will be able to easily dig into lyrics, or even kick back and just lis-

ten to music and look at the record's artwork, all on their phone," Ullrich explains.

Michael Wrycraft, a Juno-winning artist who's designed artwork for Bruce Cockburn among other Canadian acts, should be the first one to lament the move to digital. But, not only is he busier than ever before, he thinks the work



Bob Mersereau, author of the Top 100 Canadian Albums, says less work is going into album cover art nowadays.

Mersereau, however, thinks the devaluation of cover art is already in full swing, especially when it comes to major label releases. "There's less and less work going into them already," he says. "Take the new Bruce Springsteen, the reviews are great, but it's the ugliest cover you've ever seen. Where are the iconic shots of the past? Where are the great covers that you want to hang up on your wall?"

Ullrich agrees that some liner notes aren't as eye-catching as they used to be. He chalks that up to budgeting issues, which can be resolved when digital artwork takes off.

"Creative bands will be able to do some really cool stuff," he says. "Digital is more wide open — it's even more open than what you had in the old days."

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The new Melrose Place is sure to make a splash when it premieres on The CW this fall. Series original Laura Leighton is reprising her bad girl character, Sydney. [INTOUCHWEEKLY.COM](http://INTOUCHWEEKLY.COM)

# Boyle wows again

## Singing sensation in final of Britain's Got Talent

**Susan Boyle, the frumpy Scottish spinster whose amazing voice has become a global YouTube sensation, stunned audiences again on Sunday as she was voted through to the final of Britain's Got Talent.**

Singing Memory from the musical Cats, the 48-year-old overcame initial nerves to produce another command performance, her soaring rendition winning the telephone vote on the talent show.

"You are one special lady, I have to say, you really are," Simon Cowell, one of the panel of three judges, said after Boyle's performance brought the audience to their feet.

Wearing a shimmering purple dress, Boyle looked far more primed and preened than she did on first appearance on the show last month, when her dowdy looks and quirky manner provoked titters from the audience, who assumed she couldn't sing.



YouTube phenomenon Susan Boyle, 48, scored with her rendition of Memory.

This time, her hair was coiffed, her eyebrows were plucked and she looked almost every inch a star in the making.

"What pressure?" she said when asked afterwards if she was nervous. "It was really good tonight, I really enjoyed it... I'm very happy to be here and thank you all for your support."

Boyle left the judges

openmouthed last month with her rendition of I Dreamed a Dream from Les Miserables, which almost immediately became an Internet sensation, watched more than 60 million times on YouTube.

With appearances since on U.S. chat shows hosted by Oprah Winfrey and Larry King, Boyle has become a global sensation, her age and appearance conflicting with most images of modern celebrity.

After her performance on Sunday, Cowell was moved to apologize to Boyle, saying she had been poorly underestimated.

"You know what, I just want to apologize because of the way we treated you before you sang the first time," he said. "You made me and everyone else look very stupid and I'm very happy for you."

Boyle, who sang in choirs as a youngster but always dreamed of a career in London's West End, tried to shut him up, say-

**"I just want to apologize because of the way we treated you before you sang the first time."**

Simon Cowell

ing she had paid no attention to the global furor.

Since her performance in April, television crews from around the world have camped outside her home in rural Scotland and newspapers have dedicated countless pages to her.

In Sunday's semifinal, Boyle defeated seven other acts including a belly dancer and a Darth Vader impersonator to get through to the final on Saturday.

She will be joined there by Diversity, a troupe of street dancers who came second on Sunday, and two other acts yet to be decided from the second semifinal.

REUTERS

# Rowland finds Love on the dance floor

Singer Kelly Rowland was in France last summer when she discovered DJ David Guetta, at one of his exhilarating techno shows in Cannes.

When she later met up with Guetta and asked him to play a new track for her, the French DJ unveiled a pop number built around a lush piano loop and throbbing percussion. The track, which would become the groundwork for When Love Takes Over, moved Rowland to tears.

"I felt so much emotion from the track; something happened the first time I heard it, and it was just beautiful," Rowland says. The former Destiny's Child member took the track to London to write and record the song's vocals.

The finished product was unveiled at a show-stopping joint performance in March at Miami's Ultra Music Festival. Last month, When Love Takes Over was officially released as the first single from Guetta's upcoming album, One Love, it bulletted to No.



Rowland

2 on the Hot Dance Air-play chart.

Guetta and Rowland will perform the song at various points on Guetta's continent-crossing DJ tour during the summer.

A sugary, synth-laden ode to the excitement of the unknown, the single marks a sea change in style for both artists. After R&B powerhouse Destiny's Child disbanded in 2005, Rowland released her second solo album, Ms. Kelly, on Columbia Records in 2007. The set offered accessible, uptempo R&B, but none of the tracks was as unabashedly club-oriented as When Love Takes Over.

"I had spent nights dancing in the South of France," Rowland says, "but I had never thought about recording a dance track myself. Hearing David's song made me consider taking on this whole new style."

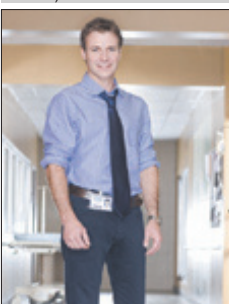
REUTERS

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/26/09	31	31	31	ABC News Center 5	ABC Wild News	Inside Edition	Chronicle	According-Jim	According-Jim	Diamonds (2009, Drama) James Purefoy		
	7	7	7	ASN The Road to Avonlea	Instant Star	TMZ (N)	Reaper (N)			Castle		Without Trace
	11	11	11	CBC Coronation St.	Jeopardy! (N)	TBA	NHL Hockey: Eastern Conference Final Game 4 - Penguins at Hurricanes					National
	2	2	2	CBC-F Urgences Un neurologue. (SC)	Des squelettes	Tout	Beautés désempées (SC)			Bons baisers de France (SC)		Le Téléjournal
	32	32	32	CBS WBZ News (N)	Evening News	The Insider (N)	Entertainment	NCIS (HDTV)		The Mentalist (HDTV)		Without Trace
	69	69	69	CTM TVA 18 heures	Sûreté-salé	Qui perd gagne (SC)	La Fievre de la dance (SC)			Nos étés (SC)		TVA 22 heures
	6	6	6	CHIF Entertainment	ET Canada	Durham County	NCIS (HDTV)			Mental "Pilot" (N)		News (N)
	9	9	9	CJCH etalk	Hollywood	Canada's Next Top Model (N)	Law & Order: SVU			The Mentalist (HDTV)		CTV News
	10	10	10	ELTV (6) EastLink Television			Podium TV			EastLink Television		
	36	36	36	FOX Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	House "Adverse Events"				Fox First
	12	12	12	NBC 7 News	NBC News	Hollywood	Extra (N)	TV's 50 Funniest Phrases (N)				Law/Ord SVU
	29	29	29	NW World News	Business	CBC News	Newman	The Hour				National
	4	4	4	PBS-B NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Nova (HDTV) (DVS)	Frontline/World (DVS)				Killer Stress
	35	35	35	PBS-D NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Nova (HDTV) (DVS)	Frontline/World (DVS)				Frontline/World
	68	68	68	TQS Rire et délire	Chemin du golf	Loft Story	Suite 309	Lipstick Jungle (SC)				Pushing Daisies (SC)
	23	23	23	BNN Business News	Headline	Market Call	Commodities	Worldopolis TV				Squeeze Play
	18	18	18	CNN Situation Room-Wolf Blitzer	Lo Dobbis Tonight		Campbell Brown: No Bias					Market Call
	54	54	54	GOLF Golf Central	Top 10 (HDTV)	The Approach	Inside PGA	Greatest Game				Cooper 360
	52	52	52	RSE Hockey Central	Jays	MLB Baseball	Toronto Blue Jays at Baltimore Orioles. (HDTV) (Live)	The Greatest Game Ever Played ** (2005, Drama)				SportsNet Con.
	55	55	55	SCOR HSR		Cabby Unlimit	Score Update	Poker Challenge				Score Tonight
	45	45	45	SPD Unique Whips		Pimp My Ride	Pass Time	Pimp My Ride				Super Bikes!
	53	53	53	TSN Off the Record	SportsCentre	That's Hockey	Boxing	NBA Basketball: East Final - Cavaliers at Magic				
	43	43	43	FAM Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody				Wizards-Place
	44	44	44	TOON Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN				Life Derek
	26	26	26	TRVE Wonder Pets	Big & Small	Backyardigans	Night Grdn	Max & Ruby				Futurama
	27	27	27	TVE Drake & Josh	iCarly	Survive This	Survive This	Malcolm-Mid.				American Dad
	16	16	16	A&E Cold Case Files (HDTV)		CSI: Miami "Bunk"	One Tree Hill	Franklin				Maggie-Beast
	70	70	70	APTN News (N)		Storytellers	Wapost Bay	Cashing In				Family Biz
	50	50	50	BET 106 & Park: BET's Top 10 Live		Wings-Canada	Diary of a Mad Black Woman ** (2005, Comedy-Drama)	Kimberly Elise.				Prank Patrol
	37	37	37	BRVO Street Legal		Sounds Like Motown	Live at the Rehearsal Hall	Ronnie Hawkins-Birthday				The First 48 (HDTV)
	25	25	25	CMT Cross Canada Countdown		Home Improve.	Home Improve.	Reba				The First 48
	49	49	49	COR Laughs	Comedy Now	Air Force	Just for Laughs	Reba				Mixed Blessing
	153	153	153	COM Killer Next Door		World's Wildest Police Videos	Body-Evidence	Reba				The Rez
	38	38	38	DISC Destroyed	Destroyed	Dayli Planet (N)	How It's Made	Reba				College Hill
	34	34	34	HGTV Holmes-Homes	Holmes-Homes	House Hunters	Property Virgin	Reba				Bravonews
	46	46	46	HIST Crime Stories		NCIS "Stakeout"	Sandhogs	Reba				Hope & Faith
	17	17	17	MM TBA	Video on Trial	One Tree Hill	Instant Star	Reba				Comedy-Roast
	19	19	19	MMM mmtop10.ca		The Daily Fix	Ranked!	Reba				Police Videos
	201	201	201	M1 (5:30) Knights of Bloodsteel (2009)		10 Items or Less ** (2006, Drama)	Departures "Thailand"	Reba				Deadliest
	48	48	48	OLN The Amazing Race 2		Dog the Bounty Hunter	House-Payne	Reba				NCIS
	51	51	51	PEACH Seinfeld	Friends	House-Payne	House-Payne	Reba				House Hunters
	206	206	206	PIX (7:15) Atanarjuat the Fast Runner *** (2001, Adventure) Natar Ungalaaq		24 Hours en 60 minutes	Grande reportages (SC)	Reba				NCIS
	67	67	67	RDI RDI en direct	RDI en direct	The Outer Limits	Mutant X	Reba				Deadliest Catch
	39	39	39	SHOW Wife Swap		Skin Deep	Til Debt-Part	Reba				Reba
	40	40	40	SLICE The Mom Show		Stargate Atlantis	Star Trek: Voyager	Reba				Reba
	47	47	47	SPACE Stargate SG-1		CSI: Crime Scene Invstgtn.	CSI: Crime Scene Invstgtn.	Reba				Reba
	14	14	14	SPIKE CSI: Crime Scene Invstgtn.		The Ellen DeGeneres Show (N)	TMZ (N)	Reba				Reba
	98	98	98	STAR etalk	Hollywood	Say Yes-Dress	Cake Boss	Reba				Reba
	21	21	21	TLC What Not to Wear: Spouse		Vanity Insanity	Tube Tales	Reba				Reba
	34	34	34	TROP What Happen?		Pas bête	Watchtower	Reba				Reba
	20	20	20	TVS Que-champion	Journal de Fr2	Murder, She Wrote	Judging Amy	Reba				Reba
	28	28	28	V Doc "Full Moon Rising"		Will & Grace	Friends	Reba				Reba
	60	60	60	VIVA Mysterious Ways		Style by Jory	Remedy Me	Reba				Reba
	22	22	22	WGN Be-Millionaire	Evening News	Two/Half Men	Family Guy	Reba				Reba
	251	251	251	WGN Be-Millionaire	Evening News	Two/Half Men	Family Guy	Reba				Reba

## critics'corner

### Mental

Think of it as "Young Dr. House With a Couch." Chris Vance ("Prison Break") stars as Dr. Jack Gallagher, an iconoclastic young psychiatrist who becomes director of mental health services at a Los Angeles hospital, where his unorthodox methods of solving baffling cases sometimes put him at odds with his boss — and old flame — Nora Skoff (Annabella Sciorra). 10 PM on CHF



### Law & Order:

#### Special Victims Unit

After a 7-year-old boy brought in for driving a runaway van tells Detectives Stabler and Benson that his foster parents bribe him to submit to abusive medical testing in "Trials." 9 PM on CJCH

### Deadliest Catch

Haste makes waste, guys; be careful out there. In this new episode, the fishermen get word that the price of king crab is about to fall, so they redouble their efforts to finish the season as quickly as possible so they can still make a decent profit. Let's hope they don't sacrifice safety along the way, as we all know how dangerous this work is even when they're taking their time. 11 PM on DISC



For May 25th

Sean Kingston - Fire Burnin

Katy Perry - Waking Up In Vegas

Keri Hilson Ft Kanye West & Ne-Yo - Knock You Down

Elise Estrada - Poison

Eminem - We Made You

Candy Coasted Killahz - Playboy

Jamie Foxx Ft T-Pain - Blame It

Black Eyed Peas - Boom Boom Pow

3OH!3 - Don't Trust Me

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## Perry needs a pal

Katy Perry is enjoying her music biz success, but she regrets not having someone to share it with. "I don't like being single, no," the singer tells the U.K.'s *Cosmopolitan*. Perry recently split from Gym Class Heroes front-man Travis McCoy. **METRO WORLD NEWS**



## Celebrity Buzz

## Paris' wild Cannes cruise

**TASTELESS** Paris Hilton has reportedly been having too good of a time while in Cannes.

After being invited to a friend's private yacht party by Elton John's husband, David Furnish, Hilton and boyfriend Doug Reinhardt were booted from the soiree for unsightly behaviour, according to the *Daily Mirror*.

"As soon as Paris arrived, she had her

tongue down Doug's throat," a source says. "They got so worked up she dragged Doug below deck so they could have some private time."

"But as they were closing the cubicle door so they could tear into each other, they were caught out."

"The captain was furious. He kicked them off for unsociable behaviour."

**METRO WORLD NEWS**



## Nigel eats his 'ignorant' words

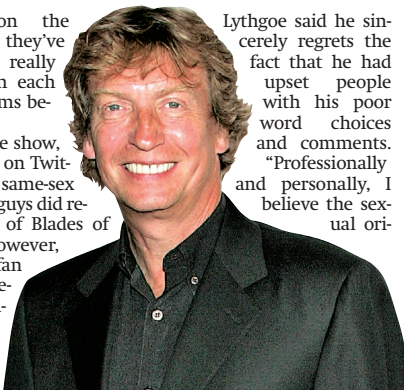
**FOOT IN MOUTH** Nigel Lythgoe has apologized to GLAAD and his Twitter followers after making comments against a same-sex dance pair on Thursday night's *So You Think You Can Dance* premiere, reports *usmagazine.com*.

The judge sparked outrage — including a boycott campaign from GLAAD — after he told male partners Misha Belfer and Mitchel Kibel: "I think you will probably alienate a lot of our audience. I mean, we've always had the guys dance to-

gether on the show, but they've never really done it in each other's arms before."

After the show, he posted on Twitter: "The same-sex ballroom guys did remind me of *Blades of Glory*. However, I'm not a fan of *Brokeback Ballroom*."

In his apology,



Lythgoe said he sincerely regrets the fact that he had upset people with his poor word choices and comments. "Professionally and personally, I believe the sexual ori-

entation of an auditioner or contestant is irrelevant. All that said, the fact that I have unintentionally upset people is distressing to me and it is obvious I have made mistakes that I must learn from. I trust that my humour will be more sensitive and mindful moving forward," he wrote.

He also posted on Twitter: "I wholeheartedly apologize for my *Brokeback Ballroom* Tweet. It was insensitive, ignorant and stupid. I have upset a number of dear friends." **METRO NEWS SERVICES**

## Michael Bay, Shia's shrink

**PROBLEMS WE'D LIKE TO HAVE** Director Michael Bay had to be a psychiatrist to Shia LaBeouf, femalefirst.co.uk reports. Bay says the star of his latest film, *Transformers: Revenge of the Fallen*, struggled with "dark periods," which he had to help him through.

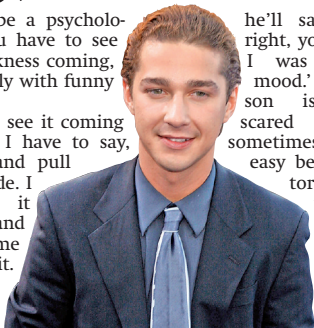
Michael said: "You sometimes have to push him when he doesn't believe it. He'll go through a dark period. With actors you've

got to be a psychologist. You have to see the darkness coming, especially with funny actors."

"I can see it coming on and I have to say, 'Shia,' and pull him aside. I explain it to him and he'll come out of it. And then

he'll say, 'You're right, you're right, I was in that mood.' The reason is they're scared of things sometimes. It's not easy being an actor and putting yourself out there."

**METRO NEWS SERVICES**



## Beyoncé says: I'm no housewife

**DIRTY GIRL** While she's perfectly happy with Jay-Z, Beyoncé Knowles is not much of a housewife.

"When I'm home, I'm so lazy. I mean, I literally drop my shoes there," she admitted while chatting with David Letterman on his talk show.

"I can't cook. Anything to do with cleaning, cooking, I'm just bad at it."

**METRO WORLD NEWS**



## Kylie found The One?

**TRUE LOVE** Australian pop star Kylie Minogue is completely smitten with her Spanish model boyfriend, Andres Velencoso.

"I'm happier with him than I have ever been before. You never know, he could be the one," the singer says, according to the *Straits Times*.

Minogue and Velencoso have even been shopping for a home in the Spanish fishing village

Tossa Del Mar, where Velencoso was born. And they're expected to announce their engagement any day now.

"I am learning Spanish because it would make things easier for us," Minogue says.

**METRO WORLD NEWS**



GETTY IMAGES

## Britney attends wedding

**HOMECOMING** After making a big splash in the Bahamas the day before, Britney Spears emerged Saturday in Amite, La., where she made a low-key appearance as an "honorary" bridesmaid at the wedding of her cousin, Laura Lynne Covington, people.com reports.

"When her brother walked her down the aisle, she looked stunningly calm and beautiful," says one wedding guest. "She was very pretty, low-key. She was not the centre of

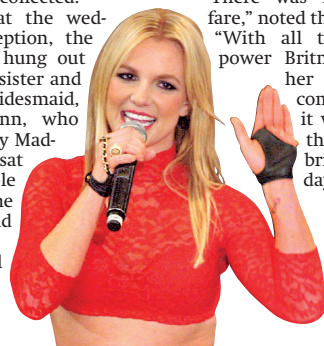
everything, just pretty and calm and collected."

Later, at the wedding reception, the pop star hung out with her sister and fellow bridesmaid, Jamie Lynn, who toted baby Maddie, and "sat at a table off to the side and visited with local people she knew,"

says the guest.

"There was no fanfare," noted the guest. "With all the star power Britney and her family command, it was still the bride's day."

**METRO NEWS SERVICES**



## SJP spares no expense

**SPOILED ROTTEN** Sarah Jessica Parker has splashed out more than \$23,000 US on her twins' nursery, femalefirst.co.uk reports.

The actress and her husband Matthew Broderick are expecting twin girls through a surrogate.

Among their purchases are a more

than \$7,000 day bed and \$8,000 armoire, a \$6,000 double crib with Louis XIV bedding and a \$2,000 rocking horse from Europe.

A source said: "Sarah Jessica and Matthew will spend whatever it takes to make the nursery perfect. They want to give it a classical French look."

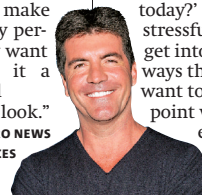
**METRO NEWS SERVICES**



## Relationship ran its course: Simon

**HONESTY** Simon Cowell tells WENN his six-year relationship with Terri Seymour ended because "it got to the point where I'd come home, my head loaded and then it used to start, 'So what happened today?' ... It becomes stressful because you get into a pattern. I always think you never want to get to the point where you hate each other."

**METRO WORLD NEWS**



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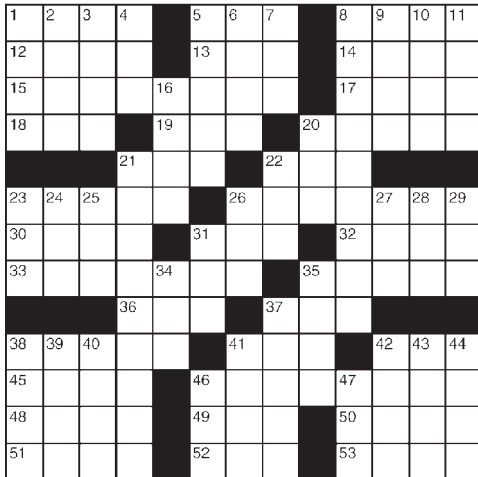
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## Crossword across

- 1 Dalmatian's name, maybe  
5 Nocturnal bird  
8 Squad  
12 Saxophone range  
13 Actor McBride  
14 Gilligan's home  
15 Deteriorate  
17 New Mexico art colony  
18 Big bother  
19 Garfield, for one  
20 Rhythm partner  
21 Pale  
22 Chart format  
23 Postpone  
26 Neckerchief  
30 Vicinity  
31 Fellow  
32 Carolina college  
33 Bronx cheer recipients?  
35 Robbery  
36 Kipling hero  
37 Baby blossom  
38 Robin Hood portrayer  
41 Periodical, briefly  
42 "See ya"  
45 Libertine  
46 Bicycle type  
48 Competent  
49 Possessed  
50 Pealed  
51 Prepared to drive  
52 Type units  
53 Yorkshire river

## Crossword down

- 1 Long story  
2 Trudge  
3 Director  
Preminger  
4 Excessively  
5 Neptune's realm  
6 Sharpen  
7 Cover  
8 "Monopoly" card  
9 Birthright barterer  
10 Lotion additive  
11 Disarray  
16 Cicatrix  
20 Storage container  
21 Lacking willpower  
22 Salary  
23 Rotation  
24 Historic time  
25 Morass  
26 Kramden's wheels  
27 Foreman foe  
28 Ph. bk. data  
29 Pismire  
31 Jewel  
34 "Ich bin — Berliner"  
35 Embraces  
37 Music groups  
38 "Animal House" group  
39 Earring site  
40 Christmas  
41 Intend  
42 Suitor  
43 Longings  
44 Advantage  
46 Commonest English word  
47 Expert

## PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	4	2	8	6	9	3	7	5
8	5	6	3	7	2	9	4	1
9	7	3	5	1	4	2	6	8
7	8	4	9	5	6	1	2	3
5	6	9	2	3	1	4	8	7
3	2	1	4	8	7	5	9	6
4	1	8	6	2	5	7	3	9
2	3	5	7	9	8	6	1	4
6	9	7	1	4	3	8	5	2

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

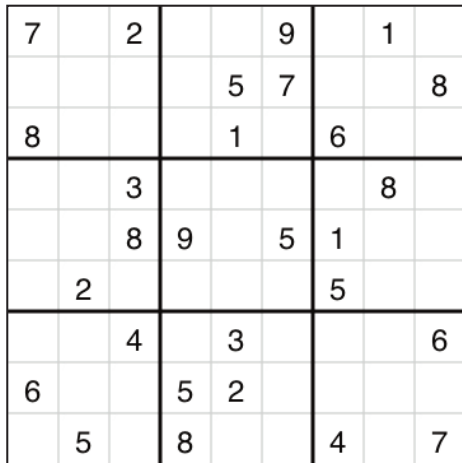
## SUDOKU SOLVE TIME:

Under 13 min	Genius	17-21 min	Smart
13-17 min	Scholar	21-25 min	Not bad
		25+ min	Keep practising

## Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



## Metro Recipe of the Day



## Warm Sesame Chicken Salad

## INGREDIENTS:

- 1 lb (500 g) chicken breasts  
1 cup (250 ml) fresh whole-wheat breadcrumbs  
1 3/4 cups (425 ml) cornflakes, lightly crushed  
4 tsp (20 ml) sesame seeds, plus extra to garnish  
1 tsp (5 ml) chili powder, or to taste  
2 eggs  
**SALAD:**  
1/4 white cabbage  
1/2 chicory  
2 heads endive  
**HERB DRESSING:**  
1 tbsp (15 ml) chopped parsley  
1 tbsp (15 ml) chopped fresh oregano  
1 tbsp (15 ml) chopped fresh tarragon  
1 tbsp (15 ml) white wine vinegar  
5 tbsp (75 ml) olive oil  
1 tsp (5 ml) clear honey  
pepper to taste

## METHOD:

1. Preheat oven to 400 F (200 C). Slice each chicken breast in half horizontally, then cut lengthwise into strips.  
2. Place breadcrumbs, cornflakes, sesame seeds and chili powder in plastic bag and shake to mix well. Break eggs into shallow

- dish and beat lightly.  
3. Dip chicken strips, one at a time, in egg, then drop into plastic bag, a few at a time; shake to coat evenly with sesame seed mixture. As chicken strips are coated, transfer to two nonstick baking sheet in single layer.  
4. Bake chicken strips 15–20 minutes, turning pieces over halfway through baking time.  
5. Meanwhile, for salad, finely shred cabbage and place in large mixing bowl. Pull chicory and endive leaves apart and tear large ones into smaller pieces. Add to mixing bowl.  
6. In small screwtop jar, shake herb dressing ingredients. Season with pepper. Pour dressing over salad and toss well.  
7. Divide salad among 4 individual plates and pile cooked chicken pieces on top. Garnish with more sesame seeds, then serve.

## SERVES 4



## Horoscopes by Sally Brompton

[sallybrompton.com](http://sallybrompton.com)

**ARIES**  
MARCH 21-APRIL 20  
You need a challenge that will bring out the best in you — and you are about to get it. What happens today will require insight and ingenuity.

**LIBRA**  
SEPT 23-OCT 23  
You need to work more closely with other people and you need to realize that it is OK for others to have opinions that clash with your own.

**TAURUS**  
APRIL 21-MAY 21  
It may seem to others that you are aiming too high and expecting too much but you know that you have what it takes. Aim for the big bucks.

**SCORPIO**  
OCT 24-NOV 22  
You may think you know everything but according to the planets you have overlooked something important. What did you miss?

**GEMINI**  
MAY 22-JUNE 21  
What happens next will open your eyes to new possibilities and you will realize how limited your horizons have been these past few weeks.

**SAGITTARIUS**  
NOV 23-DEC 21  
As a Jupiter-ruled Sag you believe that all things are possible, and no doubt they are, but today's cosmic picture urges you to be realistic.

**CANCER**  
JUNE 22-JULY 22  
You must play by the rules today, even if you are sure you can get away with cutting corners. Just play the game and you'll win.

**CAPRICORN**  
DEC 22-JAN 20  
Mars in one of the more sensitive areas of your chart urges you to let loved ones know how much you care for them. Don't just say it — prove it.

**LEO**  
JULY 23-AUG 23  
Have no fear. Follow your desires wherever they might lead. No matter what it is you choose to do next, you will have the support of friends and family.

**AQUARIUS**  
JAN 21-FEB 18  
The pace of life is moving faster by the day, if not the hour, but you are clearly enjoying the ride. Take care that you don't overlook important details.

**VIRGO**  
AUG 24-SEPT 22  
Jupiter, planet of good fortune, is strong in your chart and positive events at home and at work will convince you that you are leading a charmed life.

**PISCES**  
FEB 19-MARCH 20  
If you are free and easy with your money over the next two or three days you will regret it later when your cash flow dries up.

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1. Purposely ignore a baby bear (1)  
2. Funnyman Leno's mania (1)  
3. Ailing hayseed (1)  
4. Lively and cheerful actress Halle (2)  
5. Toasted baseball pitcher's bill (1)  
6. Welcomed guests occupying a chair (2)  
7. "24" star Sutherland's prep people (2)

Answers: 1. BROWNIE 2. DAVIS 3. GAZAR 4. SICK 5. HICK 6. MERRY 7. DIDDY

## This day in history

MAY 26, 1647: Alse Young becomes the first person executed as a witch in the American colonies, when she is hanged in Hartford, Connecticut.  
MAY 26, 1805: Napoléon Bonaparte assumes the title of King of Italy and is crowned in Milan.  
MAY 26, 1889: First Eiffel Tower elevator to the public opens.  
MAY 26, 2004: The New York Times publishes an admission of journalistic failings, claiming that its flawed reporting and lack of skepticism towards sources during the buildup to the 2003 war in Iraq helped promote the belief that Iraq possessed large stockpiles of weapons of mass destruction.

METRO NEWS SERVICES

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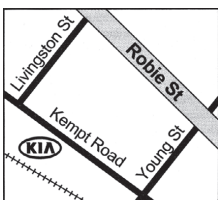
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